



# BRINGING SPORT TO COMMUNITIES



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# PROGRAM UPDATES

## EXECUTIVE OFFICER >

### EMMA MILANESE

**W**e're back with our fortnightly newsletter! It's great to be able to continue to update our valued members with our 2024 progress. We've had a big start to the year. Sporting Memories has continued to run with more participants across all sites. Robert provides an update in this week's newsletter. We employed Adriana to run our Supporting Success program. Adriana was a placement student with us in 2022, she continued to volunteer with us throughout 2023 and to now have her as a staff member is fantastic. She has already shown great success in her first 2 weeks out at Adelaide West, and we are so lucky to have her! Review a bit about Adriana and the Supporting Success program in this week's newsletter.

The rest of 2024 is going to be big! We have new merchandise on the horizon, our annual quiz night in collaboration with Adelaide West, special guest speakers at our Sporting Memories sites and much more!

As always, thank you so much for your ongoing support. We appreciate you!



## ROBERT LAIDLAW >

### SPORTING MEMORIES

**A**fter a successful 2023, this year has seen continued growth, as Sporting Memories has established groups in seven locations, which includes a recent addition at the Aldinga Community Centre.

Already in 2024 there have been several guest speakers at sessions, including Sporting Memories Ambassadors Sean Carlin and Daryl Harper, as well as former Sheffield Shield cricketer Rick Drewer and Major League baseballer Shayne Bennett.

Later in the year two tours have been programmed for Sporting Memories Groups, one at Norwood Oval with the Holden Hill Men's Shed and one at Adelaide Oval with the Payneham Life Care participants.

Sessions include quizzes, games and puzzles, as well as viewing memorabilia and the sharing of participants past exploits on the sporting life, or just memories of sporting events from the past.

Three placement students have been attending Sporting Memories sessions this year – Sune, Nilofar and Joey – who all come from different backgrounds and enjoy different sports, which has value added to the groups, as participants are keen to learn of their sporting endeavours and their studies.

For Sporting Memories sessions to grow, more volunteers are needed, whether once a month, once a fortnight or more often. If anyone knows of someone who may enjoy being involved, please contact Richard or Robert for more details.



# PROGRAM & PROJECT OFFICER

## ADRIANA CONDE > OUR NEW SUPPORTING SUCCESS PROJECT OFFICER

During my time as a placement student in 2022, I had the incredible opportunity to connect with the children in the Supporting Success program. The bonds I formed with them inspired my desire to continue volunteering. In 2023, I eagerly joined as a volunteer, and this year, I am thrilled to officially be a part of the SportsUnited team in my new role.

Working with SportsUnited has been truly inspiring. Witnessing the cognitive and physical growth of the students over a two-year period has been an amazing display of personal development. I am thrilled to be able to spend a third year with the students and watch them progress even further.

I have a creative side. One of my favourite hobbies is creating art. Whether it's painting, drawing, or experimenting with different mediums. Cooking has also become another passion of mine, allowing me to explore flavours, try new recipes, and create delicious dishes to share with friends and family.

## SUNÉ MYBURGH

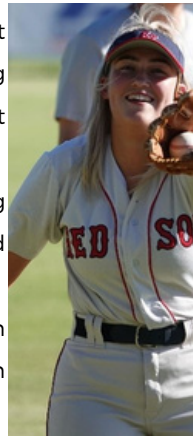
## PLACEMENT EXPERIENCE

I am currently studying a Bachelor of Psychology (Counselling and interpersonal skills) at the University of South Australia. Undertaking my placement at SportsUnited I've enjoyed talking to older people involved in the Sporting Memories Australia program and seeing their faces light up when recalling past times.

During my time with the Supporting Success program, I have enjoyed spending time with the students and keeping them engaged in doing activities and seeing how much fun they're having with us.

From spending time at SportsUnited I have not only gained experience in working with the older people and students with disabilities, but I have been able to learn how to react and respond to people with different abilities.

When I'm not studying I enjoy playing Baseball with the East Torrens Baseball Club.



## RICHARD MCGRATH >

## RADIO PROGRAM

Our Sporting Memories Australia program on BBBfm 89.1 has continued to be fun and informative since the start of 2024.

Emma and Richard have chatted about all things sport, from different types of sports to sporting events to key moments in sporting history.

For the past few weeks, the focus has been on the A-Z of Sport. As part of this focus we've introduced a new segment, a Sporting Quiz between Emma and Steve (a regular BBBfm presenter who has filled-in for Emma when she has been away).

The Sporting Quiz has challenged Emma & Steve to write down as many words starting with the letter of the week. Out of the five quizzes so far, Emma has won two and there have been three draws.

The Sporting Memories Australia program has also been on the road a few times this year, broadcasting live from the Angaston, Tanunda and Mt Pleasant Shows. These broadcasts are always a great deal of fun as often Emma is sent of with her remote microphone to interview locals.

This Saturday Emma & Richard will be continuing the A-Z of Sport with a focus on the Letter 'F'.

So tune in from 9-11am by visiting the BBBfm

website or download the Community Radio Plus app (available for both Apple and Android devices) and search for BBBfm 89.1.



## ADRIANA CONDE >

## SUPPORTING SUCCESS

Hello everyone and welcome back! I hope your start to 2024 has been nothing but wonderful. My name is Adriana Conde, and I am the new Project Officer for SportsUnited's Supporting Success program.

I am a former placement student, then volunteer for the program. Returning to Adelaide West Special Education Centre as part of the SportsUnited team is incredibly exciting for me. It has been extremely fulfilling to reconnect with the previous kids I've worked with and see their growth; along with meeting new ones and helping them to continue developing their skills.

The Supporting Success program is already off to a fantastic start, with the Adelaide West kids embracing the new placement students and previous volunteers. Witnessing their enthusiasm and excitement to be involved in our program is truly inspiring. I'm genuinely thrilled to see how the kids will grow and have a blast while participating in the program.

# HOW CAN YOU GET INVOLVED?

## SEEKING VOLUNTEERS

SportsUnited is currently seeking volunteers for our Supporting Success program at Adelaide West Special Education Centre and Sporting Memories clubs across various Adelaide metropolitan locations.

### We are looking for people who can:

- Actively participate in weekly sessions
- Engage and communicate sensitively with our members (some of whom may have difficulties communicating), with their partners or carers, with fellow volunteers, and with SportsUnited staff.
- Enjoy working as part of a team and taking responsibility for guiding fellow volunteers during sessions.
- Understand the value of companionship, have a great sense of humour, and are able to connect with people of all ages and from all backgrounds

### SportsUnited volunteers have the opportunity to:

- Experience a range of new opportunities and a sense of fulfillment.
- Use their skills, knowledge, life experiences, and an interest in sport to help tackle social isolation within the local community.
- Have insight into and experience working with an innovative and experienced not-for-profit charity.
- Experience in working as part of and leading a team of volunteers. As well as being part of the wider SportsUnited team.

SportsUnited volunteers are provided with full induction and training, ongoing support, and access to training resources. If you are interested in becoming a

**SportsUnited volunteer or have any questions, email:**  
**Supporting Success: Katerina Mattock (Project Officer)**

katmattock.sportsunited@gmail.com

**Sporting Memories: Robert Laidlaw (Project Officer)**

robertlaidlaw.sports.united@gmail.com

**or via the SportsUnited website Contact Us page**

<https://sportsunited.org.au/contact>

## SPORTING PINK PACKS

In response to the Covid-19 global pandemic, SportsUnited has developed a digital publication called Sporting Pink Australia Packs available for anyone (free) to use at home.

Each weekly pack contains a sporting reminiscence story (these can be about sporting players or events), a sporting quiz, and Name the Player as well as a Word Search.

The packs are a great way to get the conversation flowing, to remember those sporting moments, and to talk about sport!

If you, or anybody you know, would like to receive a free copy of the Sporting Pink Australia pack, please complete our [registration form on the SportsUnited website](#).

## STAY IN TOUCH

Email: [sports.united18@gmail.com](mailto:sports.united18@gmail.com)

Phone: 8302 1186

Mobile: 0478 752 564

### FACEBOOK

Keep up to date with our latest news and stories.

Join our conversations about sport & health.

Like us now and join the conversation

@sportsunited1

### TWITTER

If you like quick and short news or want to join in

a 'live' conversation with us, then follow us

on Twitter. We'd love to hear from you. Follow

us on @sports\_united1

### INSTAGRAM

We love to share images and videos from our

programs as well as other interesting photos.

Like us now and check out what we are up to

@sportsunited\_

### LINKEDIN

Like us now and check out what we are up to.