



BRINGING SPORT TO COMMUNITIES



IN THIS ISSUE

Program Updates

Success Stamp Cards!

How can you get involved?



A WORD FROM THE TEAM

EXECUTIVE OFFICER >

EMMA MILANESE

Public holiday weeks are always hard for everyone, but for us at SportsUnited, the work hasn't stopped!

For anyone who knows me, they know that one of my many mottos is "Lets go for it, lets get it done!". That's exactly how the past 2 weeks have been for us at SportsUnited!

Our programs have been running and it's been wonderful catching up with both Robert and Kat to talk about their time and experiences working within the community. They both have such great stories to share that are absolutely magical and wonderful to listen to. Watch this space! We are working on ways we can share our community stories and experiences with you!

We also have another merchandise line in the works! Sneak peaks will be out in the next issue of our newsletter!

As always, thank you so much for your ongoing support. We appreciate you!



HISTORY

RICHARD MCGRATH >

SPORTING MEMORIES

The Sporting Memories Australia team have been busy over the past two weeks, running a number of sessions in a variety of locations around Adelaide! Locations include the BarZaar Bistro in Unley, the 'Buddies for Breakfast' program at the Unley Park SportsClub, and the ECH Day Programs at Smithfield & Walkerville. We are also working on our first ever Sporting

Memories excursion to the State Library! The excursion will look at South Australia's new exhibition titled 'Our footy, our people, our stories' which explores the past 145 years of SANFL moments and achievements. More information about the dates and times of the excursion will be provided in the coming weeks!

To help us with the growing number of Sporting Memories clubs around Adelaide, Robert and Richard are currently seeking to source and train a team of volunteers. If you or anybody you know would like to be involved in the Sporting Memories Australia program, contact us! Details are provided on page 4.

KATERINA MATTOCK >

SUPPORTING SUCCESS

This term, we were so grateful to have 6 physiotherapy students help us out on site! Sadly, last week was their last week with us. SportsUnited's partnership with UniSA to provide undergraduate students with real-world placement opportunities, such as on-site involvement with the Supporting Success program.

While on-site, the Physiotherapy Students have collected data on the program that provides us with invaluable insights about the Adelaide West student's motor functioning ability and social skills. Personally, it's always rewarding seeing one of the Adelaide West students foster a personal relationship with a placement student, and I'm sure this is as rewarding for the placement students.

We also got some great feedback from a program manager of MOVE International (Mobility Opportunities Via Education/Experience). Adelaide West Special Education Centre has been a MOVE model site since 2012, implementing a top-down approach to providing movement opportunities to participants. We always welcome feedback with open arms from any source and greatly appreciate the positive feedback from an international perspective.



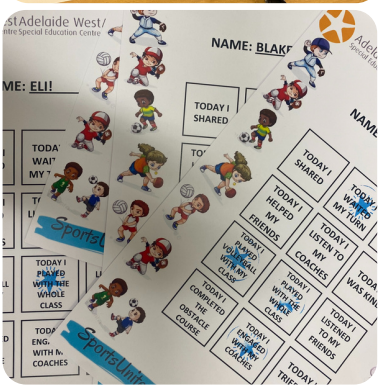
PROGRAM UPDATES



KATERINA MATTOCK >

SUCCESS STAMP CARDS!

It's still early days with the introduction of the Success Stamp Cards with students at Adelaide West, however we're already seeing positive outcomes! We initially developed the cards as a tool for students to work toward goals, as well as having a tangible record of their achievements. It's important that each student's achievements are measured and recognised in different ways. As Autism exists on a spectrum, the goals on our Success Stamp Cards also exist on a spectrum, ensuring each card is as unique as the student it belongs to. Since implementation we've witnessed additional benefits to the cards than we initially expected. We end each session by bringing out the cards and stamps, presenting them to the student, and reflecting on their experience of the session with a coach. This signals to students that the current session is over, and eases their



transition into the next activity for their day. When reflecting on their sessions, students are asked what activities they took part in that day, how they felt about them, and what goals they believe they achieved. This provides the opportunity for social engagement with their coaches, reflection on their session, and to self-identify their achievements.

We expect we will continue to find more benefits of the Success Stamp Cards, however a benefit that should not be overlooked is the sense of pride students have displayed. When provided their card in the second session some students were beaming with smiles. As they not only reflected on the session that day, the stamps from the previous week served as a reminder of their earlier successes.

RICHARD MCGRATH >

CHARITABLE STATUS

We are a Registered Charity!

The Australian Charities and Not-for-Profits Commission (ACNC) has awarded SportsUnited charity status, recognising us, as an invaluable role in providing opportunities for people at risk of social exclusion to participate in organised sport at no or minimal cost.

SportsUnited has also received Deductible Gift Recipient (DGR) status with the Australia Tax Office. This now means donations of \$2 or more to SportsUnited are tax deductible!

Donations can be made to support us and the programs we run on our [website](#).

Every \$5 donation to SportsUnited enables us to support one student in our Supporting Success program or one person to attend the Sporting Memories program.

All donations enable SportsUnited to provide opportunities for those in need.



RICHARD MCGRATH >

RADIO PROGRAM

Over the past two weeks, our Sporting Memories Australia radio program with BBBfm 89.1 on Saturday mornings from 9-11am covered a range of sporting topics.

In recognition of Reconciliation Week, Richard & Emma chatted about First Nations sports people including Cathy Freeman, Lionel Rose, Evonne Goolagong Cawley, Jason Gillespie, Nove Peris-Kneebone, Adam Goodes, Graham Farmer & John Moriarty.

Emma & Richard are also continuing to collect nominations for Greatest Athlete of All Time. So far over 30 sports people have been nominated including Don Bradman, Michael Jordan, Cathy Freeman, Roger Federer, Jonah Lomu, Walter Lindrum and Dawn Fraser. Who would you nominate?

Join Emma & Richard each Saturday morning by visiting the BBBfm website (<https://www.bbbfm.com/>). If you'd like to share some of your sporting stories then give them a call on 8563 3788 anytime between 9-11am.



HOW CAN YOU GET INVOLVED?

SEEKING VOLUNTEERS

SportsUnited is currently seeking volunteers for our Supporting Success program at Adelaide West Special Education Centre and Sporting Memories clubs across various Adelaide metropolitan locations.

We are looking for people who can:

- Actively participate in weekly sessions
- Engage and communicate sensitively with our members (some of whom may have difficulties communicating), with their partners or carers, with fellow volunteers, and with SportsUnited staff.
- Enjoy working as part of a team and taking responsibility for guiding fellow volunteers during sessions.
- Understand the value of companionship, have a great sense of humour, and are able to connect with people of all ages and from all backgrounds

SportsUnited volunteers have the opportunity to:

- Experience a range of new opportunities and a sense of fulfillment.
- Use their skills, knowledge, life experiences, and an interest in sport to help tackle social isolation within the local community.
- Have insight into and experience working with an innovative and experienced not-for-profit charity.
- Experience in working as part of and leading a team of volunteers. As well as being part of the wider SportsUnited team.

SportsUnited volunteers are provided with full induction and training, ongoing support, and access to training resources. If you are interested in becoming a

SportsUnited volunteer or have any questions, email:
Supporting Success: Katerina Mattock (Project Officer)

katmattock.sportsunited@gmail.com

Sporting Memories: Robert Laidlaw (Project Officer)

robertlaidlaw.sports.united@gmail.com

or via the SportsUnited website Contact Us page

<https://sportsunited.org.au/contact>

SPORTING PINK PACKS

In response to the Covid-19 global pandemic, SportsUnited has developed a digital publication called Sporting Pink Australia Packs available for anyone (free) to use at home.

Each weekly pack contains a sporting reminiscence story (these can be about sporting players or events), a sporting quiz, and Name the Player as well as a Word Search.

The packs are a great way to get the conversation flowing, to remember those sporting moments, and to talk about sport!

If you, or anybody you know, would like to receive a free copy of the Sporting Pink Australia pack, please complete our registration form on the SportsUnited website: <https://sports-united-web-c262e9.netlify.app/forms/sporting-memories-online-register/>

STAY IN TOUCH

Email: sports.united18@gmail.com

Phone: 8302 1186

Mobile: 0478 752 564

FACEBOOK

Keep up to date with our latest news and stories.

Join our conversations about sport & health.

Like us now and join the conversation

<https://www.facebook.com/sportsunited1/>

TWITTER

If you like quick and short news or want to join in

a 'live' conversation with us, then follow us

on Twitter. We'd love to hear from you. Follow

us on https://twitter.com/sports_united1

INSTAGRAM

We love to share images and videos from our programs as well as other interesting photos.

Like us now and check out what we are up to

[@sportsunited_](https://www.instagram.com/sportsunited_)