



BRINGING SPORT TO COMMUNITIES



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PROGRAM UPDATES

EXECUTIVE OFFICER >

EMMA MILANESE

Another fortnight down, I'm not sure there's too many more of these fortnights left for 2024! As I look through our newsletter, again I'm blown away by the stories provided by Robert and Adriana.

The Sporting Memories excursion looked like so much fun! Growing up as a redlegs fan (I was specifically told I wasn't allowed to follow any other team!), I'm not sure who I should speak to about my future invite because I most definitely want to attend. Read more on page 3.

The new activity that Adriana has provided to students at Supporting Success sessions looks like so much fun. The block relay is certainly a fantastic activity that promotes teamwork, communication and assists with gross/fine motor functioning. This is only one example of the types of activities on offer at our Supporting Success site and this is one of the reasons why we are hosting our quiz night - so that we can raise awareness and continue to provide this program for many years to come.

We will be running our annual quiz night in partnership with our good friends at Adelaide West Special Education Centre on Friday, the 25th of October! Port Power have already donated along with many other organisations!

As always, thank you so much for your ongoing support.

We appreciate you!



EMMA MILANESE >

SPORTSUNITED X AD WEST QUIZ NIGHT

It's back! The SportsUnited X AD West Quiz Night is BACK! I know I say this every year, but in 2024, it's going to be bigger, better and even more exciting with more prizes, harder questions and guaranteed, more fun and laughter! Once again, we are going to ask you, are you normally the smartest in the room? Or do you think you're normally the smartest in the room? Either way, come test your knowledge! In collaboration with Adelaide West Special Education Centre, we are running a quiz night! Gather a table of 10, bring your own food and drink and get on down to the **Adelaide West Special Education Centre** Hall (12 Moldavia Walk, Taperoo, 5017) on the **25th of October** from 6:30pm for a night of fun, laughter, and general knowledge. If you're okay with us randomly assigning you a table, individual tickets are \$13.00, otherwise, make a table of 10 and purchase the full table for \$100.00.

Use the QR code in the image to grab your tickets or click [here](#).

To top it all off, we have some brilliant raffle items and silent auction items up for grabs! Make sure you check out future issues of our newsletter for teasers!

This event is so important to us. Running this event will enable us to raise funds for our Supporting Success program that we run at Adelaide West Special Education Centre every Thursday and Friday throughout the school year.

This program has brought so much magic, opportunity and fun to all students involved, and the success that the students have shown has been absolutely inspiring. We want to make sure we can continue to run this fantastic program, creating opportunities for future students to be involved.

We greatly appreciate your ongoing support and hope to see you there on the night!

QUIZ NIGHT
SportsUnited
X
AD West
FRIDAY OCTOBER 25
DOORS: 6:00PM
QUIZ STARTS: 6:30PM
TICKETS **TICKETS**

PROGRAM UPDATES

ROBERT LAIDLAW >

SPORTING MEMORIES

Norwood on the Parade was a fantastic Sporting Memories tour last week, where a group of 20 people from the Holden Hill men's Shed visited Norwood Oval. Legendary Norwood footballer Roger Woodcock and club history group member Wynton Heading spoke about the oval's history - many unusual and interesting facts were revealed.

Roger played 267 games for the Redlegs from 1969-81, kicking 602 goals from his half forward flank - the northern end of Norwood Oval is named in his honour. A member of Norwood's 1975 and 1978 premiership teams, Roger was a left footer who claimed to have kicked eight goals with his right foot.

There were a number of interesting aspects of the oval that participants learned, including the closed off area where Norwood people could listen in while the opposition coach addressed his players before games!

An amazing variety of sports have been played besides football at the ground, including cricket, baseball, gridiron, rugby, tennis and athletics. The tour circled the ground and visited many areas, including the 'long room' which is decorated with a host of photographs covering Norwood Football Club history through its great players - some colour, some black and white.

After the tour the group were able to relax with a light lunch before heading home. If anyone is interested in considering a volunteering role with Sporting Memories, they are encouraged to contact Robert or Richard at sports.united18@gmail.com.



RICHARD MCGRATH >

RADIO PROGRAM

Over the past two weeks our Sporting Memories Australia radio program on BBBfm89.1 has continued the A-Z of Sport, focusing on the Letters 'W' and 'X'. While the Letter 'W' wasn't difficult the Letter 'X' proved to me probably the hardest of all time.

The A-Z Sport Quiz has continued up with Emma & Steve both scoring a win each. This leaves the current A-Z Sport Quiz now neck and neck with Emma (with the help of Andrea) and Steve winning eight times each and eight draws. With only two rounds remaining it's still not clear who might win. We may even see a draw at the end....And unlike cricket, we need to have a winner so who knows what will happen next! This Saturday the show will be focused on the Letter 'Y'. What sporting words or names can you recall starting with the Letter 'Y'?

Tune in from 9-11am by visiting the BBBfm website or download the Community Radio Plus app (available for both Apple and Android devices) and search for BBBfm 89.1.

ADRIANA CONDE >

SUPPORTING SUCCESS

The past two weeks have swiftly passed at Adelaide West Special Education Centre. During this time, we have been actively encouraging students to take part in the tower relay. This relay serves as a fun and engaging way for students to develop their gross and fine motor skills, as well as teamwork, cooperation, and social abilities. We typically divide the class into two to three groups based on attendance. In the relay, students take turns building the tower block by block, leading to the exciting moment when the final student gets to push it down.

This game has proven to be highly exhilarating for our students. Moreover, the enthusiastic support and assistance from the placement students, cheering on Adelaide West add an extra layer of excitement to the game and encourages strong engagement among the students.



HOW CAN YOU GET INVOLVED?

SEEKING VOLUNTEERS

SportsUnited is currently seeking volunteers for our Supporting Success program at Adelaide West Special Education Centre and Sporting Memories clubs across various Adelaide metropolitan locations.

We are looking for people who can:

- Actively participate in weekly sessions
- Engage and communicate sensitively with our members (some of whom may have difficulties communicating), with their partners or carers, with fellow volunteers, and with SportsUnited staff.
- Enjoy working as part of a team and taking responsibility for guiding fellow volunteers during sessions.
- Understand the value of companionship, have a great sense of humour, and are able to connect with people of all ages and from all backgrounds

SportsUnited volunteers have the opportunity to:

- Experience a range of new opportunities and a sense of fulfillment.
- Use their skills, knowledge, life experiences, and an interest in sport to help tackle social isolation within the local community.
- Have insight into and experience working with an innovative and experienced not-for-profit charity.
- Experience in working as part of and leading a team of volunteers. As well as being part of the wider SportsUnited team.

SportsUnited volunteers are provided with full induction and training, ongoing support, and access to training resources. If you are interested in becoming a

SportsUnited volunteer or have any questions, email:

Supporting Success: Adriana Conde (Project Officer)

adrianaconde@sportsunited.org.au

Sporting Memories: Robert Laidlaw (Project Officer)

robertlaidlaw.sports.united@gmail.com

or via the SportsUnited website Contact Us page

<https://sportsunited.org.au/contact>

SPORTING PINK PACKS

In response to the Covid-19 global pandemic, SportsUnited has developed a digital publication called Sporting Pink Australia Packs available for anyone (free) to use at home.

Each weekly pack contains a sporting reminiscence story (these can be about sporting players or events), a sporting quiz, and Name the Player as well as a Word Search.

The packs are a great way to get the conversation flowing, to remember those sporting moments, and to talk about sport!

If you, or anybody you know, would like to receive a free copy of the Sporting Pink Australia pack, please complete our [registration form on the SportsUnited website](#).

STAY IN TOUCH

Email: sports.united18@gmail.com

Phone: 8302 1186

Mobile: 0478 752 564

FACEBOOK

Keep up to date with our latest news and stories.

Join our conversations about sport & health.

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a 'live' conversation with us, then follow us

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INSTAGRAM

We love to share images and videos from our

programs as well as other interesting photos.

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