



BRINGING SPORT TO COMMUNITIES



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PROGRAM UPDATES

EXECUTIVE OFFICER >

EMMA MILANESE

This fortnight has flown by and as I look through our newsletter and read the stories provided by Robert, Adriana and Richard, I continue to be amazed by how well our programs are going.

Supporting Success has now been back for a few weeks and we seriously missed all their smiling faces! I love looking at session photos and seeing the absolute joy on the AD West student's faces. Adriana provides a short peice on page 3 that shows some of the updates and modifications that have occurred throughout sessions.

The Olympic games might be over for 2024, but that hasn't stopped the discussions occurring at our Sporting Memories sessions. Robert discusses the power and importance of incorporating placement students into programs. I know from personal experience that the inter-generational benefits are unmatched and there is so much learning that can occur. Read more on page 3.

Something I have continued to work on for the past fortnight is Quiz Night! We will be running our annual quiz night in partnership with our good friends at Adelaide West Special Education Centre on Friday, the 25th of October! Port Power have already donated along with many other organisations!

As always, thank you so much for your ongoing support. We appreciate you!



EMMA MILANESE >

SPORTSUNITED X AD WEST QUIZ NIGHT

It's back! The SportsUnited X AD West Quiz Night is BACK! I know I say this every year, but in 2024, it's going to be bigger, better and even more exciting with more prizes, harder questions and guaranteed, more fun and laughter!

Once again, we are going to ask you, are you normally the smartest in the room? Or do you think you're normally the smartest in the room? Either way, come test your knowledge! In collaboration with Adelaide West Special Education Centre, we are running a quiz night! Gather a table of 10, bring your own food and drink and get on down to the **Adelaide West Special Education Centre** Hall (12 Moldavia Walk, Taperoo, 5017) on the **25th of October** from 6:30pm for a night of fun, laughter, and general knowledge.

If you're okay with us randomly assigning you a table, individual tickets are \$13.00, otherwise, make a table of 10 and purchase the full table for \$100.00.

Use the QR code in the image to grab your tickets or click [here](#).

To top it all off, we have some brilliant raffle items and silent auction items up for grabs! Make sure you check out future issues of our newsletter for teasers!

This event is so important to us. Running this event will enable us to raise funds for our Supporting Success program that we run at Adelaide West Special Education Centre every Thursday and Friday throughout the school year.

This program has brought so much magic, opportunity and fun to all students involved, and the success that the students have shown has been absolutely inspiring. We want to make sure we can continue to run this fantastic program, creating opportunities for future students to be involved.

We greatly appreciate your ongoing support and hope to see you there on the night!

QUIZ NIGHT
SportsUnited
X
AD West
FRIDAY OCTOBER 25
DOORS: 6:00PM
QUIZ STARTS: 6:30PM
TICKETS **TICKETS**

PROGRAM UPDATES

ROBERT LAIDLAW >

SPORTING MEMORIES

One aspect of Sporting Memories' sessions is the opportunities to learn, as participants learn from each other and the facilitator, who also learns from them. Throw into the mix placement students and another perspective is added in, which in many cases transcends the generation gap. There is always plenty of interest from participants, who generally are over the age of 60, to engage in conversation with students, who tend to be in their early 20s.

A wide variety of students have attended Sporting Memories programs over the past few years, with a common response in how much they respect the opinions of older people. One of the best responses from students has been when they talk about their own family connections, and how the experience with participants encourages them in their relationships with their parents and grandparents. Likewise, participants in the program often find talking to students opens their eyes in regards to their grandchildren's views on life. For me personally, I have a great sense of satisfaction from watching how students can help participants, but also in hearing of the value students get from the experience – a win-win scenario!

Richard and I challenge students to come up with activities for sessions, with some of the outstanding ideas helping us shape the program going forward. To hear younger people embrace their personal experiences in sport and share in the groups is a motivational aspect for older people, as the contrasts and similarities stimulate participants' remembrances.

If anyone is interested in considering a volunteering role with Sporting Memories, they are encouraged to contact Robert or Richard at sports.united18@gmail.com.



ADRIANA CONDE >

SUPPORTING SUCCESS

The Adelaide West students have truly shown their efforts during our SportsUnited sessions over the past few weeks. It's been inspiring to witness many students step out of their comfort zones and reach new personal heights. Introducing fresh activities like the lively Hot Potato game, where students must perform star jumps when the music halts, has added a fun twist to our sessions.

Last week's highlight was the inflatable basketball court in the gym, which the students enthusiastically embraced, injecting an extra thrill into our basketball games! The new placement students have settled in nicely and are already forming strong bonds with the Adelaide West students. We eagerly anticipate witnessing more student growth and successes as they continue to push boundaries and achieve personal milestones!



RICHARD MCGRATH >

RADIO PROGRAM

Our Sporting Memories Australia radio program on BBBfm89.1 over the past two weeks has continued the A-Z of Sport, focusing on the Letters 'U' and 'V'. These were tricky ones but with a little thought quite a few sporting words and terms start with these two letters.

The A-Z Sport Quiz has continued up with Steve scoring two wins in a row. This leaves the current A-Z Sport Quiz now neck and neck with Emma (with the help of Andrea) and Steve winning seven times each and eight draws. With only four rounds remaining it's now not clear who might win. We may even see the first hat-trick for the Quiz this Saturday if Steve can get another win.

This Saturday the show will be focused on the Letter 'W' (another tricky one).

What sporting words or names can you recall starting with the Letter 'W'? (Where's Wally doesn't count)

Tune in from 9-11am by visiting the BBBfm website or download the Community Radio Plus app (available for both Apple and Android devices) and search for BBBfm 89.1.

HOW CAN YOU GET INVOLVED?

SEEKING VOLUNTEERS

SportsUnited is currently seeking volunteers for our Supporting Success program at Adelaide West Special Education Centre and Sporting Memories clubs across various Adelaide metropolitan locations.

We are looking for people who can:

- Actively participate in weekly sessions
- Engage and communicate sensitively with our members (some of whom may have difficulties communicating), with their partners or carers, with fellow volunteers, and with SportsUnited staff.
- Enjoy working as part of a team and taking responsibility for guiding fellow volunteers during sessions.
- Understand the value of companionship, have a great sense of humour, and are able to connect with people of all ages and from all backgrounds

SportsUnited volunteers have the opportunity to:

- Experience a range of new opportunities and a sense of fulfillment.
- Use their skills, knowledge, life experiences, and an interest in sport to help tackle social isolation within the local community.
- Have insight into and experience working with an innovative and experienced not-for-profit charity.
- Experience in working as part of and leading a team of volunteers. As well as being part of the wider SportsUnited team.

SportsUnited volunteers are provided with full induction and training, ongoing support, and access to training resources. If you are interested in becoming a

SportsUnited volunteer or have any questions, email:

Supporting Success: Adriana Conde (Project Officer)

adrianaconde@sportsunited.org.au

Sporting Memories: Robert Laidlaw (Project Officer)

robertlaidlaw.sports.united@gmail.com

or via the SportsUnited website Contact Us page

<https://sportsunited.org.au/contact>

SPORTING PINK PACKS

In response to the Covid-19 global pandemic, SportsUnited has developed a digital publication called Sporting Pink Australia Packs available for anyone (free) to use at home.

Each weekly pack contains a sporting reminiscence story (these can be about sporting players or events), a sporting quiz, and Name the Player as well as a Word Search.

The packs are a great way to get the conversation flowing, to remember those sporting moments, and to talk about sport!

If you, or anybody you know, would like to receive a free copy of the Sporting Pink Australia pack, please complete our [registration form on the SportsUnited website](#).

STAY IN TOUCH

Email: sports.united18@gmail.com

Phone: 8302 1186

Mobile: 0478 752 564

FACEBOOK

Keep up to date with our latest news and stories.

Join our conversations about sport & health.

Like us now and join the conversation

@sportsunited1

TWITTER

If you like quick and short news or want to join in

a 'live' conversation with us, then follow us

on Twitter. We'd love to hear from you. Follow

us on @sports_united1

INSTAGRAM

We love to share images and videos from our

programs as well as other interesting photos.

Like us now and check out what we are up to

@sportsunited_

LINKEDIN

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