



BRINGING SPORT TO COMMUNITIES



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 **NATIONAL** 
VOLUNTEER WEEK!



Volunteering Opportunities



A WORD FROM THE TEAM

EXECUTIVE OFFICER >

EMMA MILANESE

National volunteer week is held from the 16th-23rd of May. This week we've been working really hard on our social media, to make sure that we celebrate all of our amazing volunteers that have helped us enormously over the years. Volunteering is widespread and diverse with millions of people volunteering every year to support communities across Australia.

Our volunteers help us in many ways and we are grateful beyond words. From helping to facilitate programs, supporting our organisation and philosophies, to the projects they help us organise each year - we wouldn't be where we are today without their help and support. From the bottom of our hearts, THANK YOU!

Our merchandise is still available for pre-order until Friday the 20th of May (see page 3 for more information).

As always, thank you for your ongoing support. We appreciate you!



ROBERT LAIDLAW >

SPORTING MEMORIES

It's been a busy few weeks for the Sporting Memories Australia team, as groups have been formed in four locations, including two ECH lifestyle villages.

Walkerville ECH runs a successful program on the second Tuesday of every month from 10am-12pm. While the program at Smithfield ECH has begun on the second Friday of every month from 10:30-11:30am. A successful introductory session was held at the Unley Park Sports Club, in collaboration with the Unley Council's 'Buddies for Breakfast' program. This resulted in future monthly sessions to occur on the first Friday of every month from 9-11am. An introduction session was also held at the Holden Hill Community Centre following a meeting with members of the Holden Hills Men's Shed group. While the weekly Wednesday morning sessions at Cumberland Park are currently on hold, it is expected to be up and running in early June.

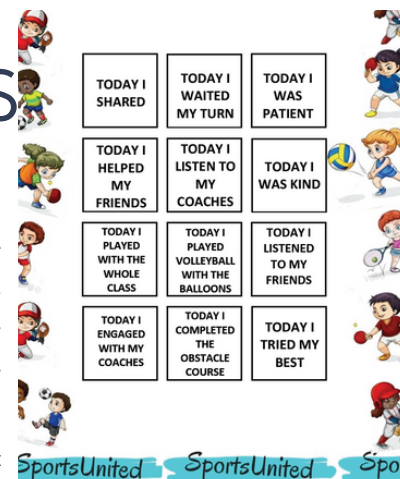
To assist with the growing number of Sporting Memories clubs being established, Richard and Robert are currently seeking your help! If you, or anybody you know would like to be involved in the Sporting Memories Australia program, please contact us either via our website (<https://sportsunited.org.au/>) or email us directly (sports.united18@gmail.com).

KATERINA MATTOCK >

SUCCESS STAMP CARDS

As we're back at school this week, we can finally reveal one of the exciting projects we've been working on during the school holiday break. Introducing the Supporting Success: Success Stamp Cards! These cards are individually tailored to each student with goals for each student to aim toward in the sessions as the year progresses. Some of the goals on the individual stamp cards are the same, because these are the goals that every class strives for in our Supporting Success sessions.

For example actions such as sharing and helping friends are social goals found in our program objectives in Supporting Success. Other goals that will also be featured on the Success Stamp Cards are unique to the individual student. These unique goals have been developed with feedback from teachers, as well as with insights Emma has gained through the relationships she has developed with students over the years. As students achieve these goals, they will be rewarded with a stamp on their card! Every term, we will be re-developing individual stamp cards so the students can further excel, and gain new skills while strengthening others. At the end of the year, the students will have an exciting tangible record of their achievements in Supporting Success that they will be able to take home, and show their family and friends!



PROGRAM UPDATES



ROBERT LAIDLAW >

WALKING FOOTBALL

Over the past month, the South Australian National Football League has offered a 'Walking Football' program at Unley Oval each Wednesday morning, with older men and women participating. Teams of six players on the field play modified rules, where there is

no running, no tackling, and generally all participants play in various positions and rest when tired – as there are numerous reserves. Over the past few weeks the participants have been developing new skills (as some had never played football before!), and fostering new friendships with their fellow players.

Robert and Richard have had some positive discussion with the SANFL 'Walking Football' organisers, focusing on the synergies between their program and the Sporting Memories Australia program.

Stay tuned for more information about this collaboration in the near future!



RICHARD MCGRATH >

RADIO PROGRAM

Over the past fortnight, our Sporting Memories Australia radio program with BBBfm 89.1 every Saturday morning from 9-11am, has focused on Netball and the SANFL in the 1970s.

Richard & Emma interviewed Rebecca Reynolds, a founding member of the Nuriootpa Swimming Pool Working Group. The group is collecting stories and photos about the history of the Nuriootpa Swimming Pool, those who built it and those who have used the facility since it opened after WWII. It was excellent chatting with her and we're hoping we can do it again soon!

If you want to hear what Emma & Richard get up to each Saturday morning you can hear the program live by visiting the BBBfm website (<https://www.bbbfm.com/>). If you'd like to share some of your sporting stories then give them a call on 8563 3788 anytime between 9-11am.

JORDY BIGGINS >

MERCHANDISE

Take a look at our brand new merchandise!

It costs **\$5.00 per session, per student** to attend our Supporting Success program.

Making a purchase and buying our merchandise means we can continue to provide our Supporting Success program for children and adolescents who are on the Autism spectrum, and/or who have other physical disabilities. All proceeds from your purchase of our new merchandise goes back into our organisation, helping to provide equal opportunity and access to sport participation for all.

We have jumpers and t-shirts available in both adults and kids sizes. Merchandise can be purchased directly from the store on our website:

<https://sportsunited.org.au/store>



HOW CAN YOU GET INVOLVED?

SEEKING VOLUNTEERS

SportsUnited is currently seeking volunteers for our Supporting Success program at Adelaide West Special Education Centre and Sporting Memories clubs across various Adelaide metropolitan locations.

We are looking for people who can:

- Actively participate in weekly sessions
- Engage and communicate sensitively with our members (some of whom may have difficulties communicating), with their partners or carers, with fellow volunteers, and with SportsUnited staff.
- Enjoy working as part of a team and taking responsibility for guiding fellow volunteers during sessions.
- Understand the value of companionship, have a great sense of humour, and are able to connect with people of all ages and from all backgrounds

SportsUnited volunteers have the opportunity to:

- Experience a range of new opportunities and a sense of fulfillment.
- Use their skills, knowledge, life experiences, and an interest in sport to help tackle social isolation within the local community.
- Have insight into and experience working with an innovative and experienced not-for-profit charity.
- Experience in working as part of and leading a team of volunteers. As well as being part of the wider SportsUnited team.

SportsUnited volunteers are provided with full induction and training, ongoing support, and access to training resources. If you are interested in becoming a

SportsUnited volunteer or have any questions, email:
Supporting Success: Katerina Mattock (Project Officer)

katmattock.sportsunited@gmail.com

Sporting Memories: Robert Laidlaw (Project Officer)

robertlaidlaw.sports.united@gmail.com

or via the SportsUnited website Contact Us page

<https://sportsunited.org.au/contact>

SPORTING PINK PACKS

In response to the Covid-19 global pandemic, SportsUnited has developed a digital publication called Sporting Pink Australia Packs available for anyone (free) to use at home.

Each weekly pack contains a sporting reminiscence story (these can be about sporting players or events), a sporting quiz, and Name the Player as well as a Word Search.

The packs are a great way to get the conversation flowing, to remember those sporting moments, and to talk about sport!

If you, or anybody you know, would like to receive a free copy of the Sporting Pink Australia pack, please complete our registration form on the SportsUnited website: <https://sports-united-web-c262e9.netlify.app/forms/sporting-memories-online-register/>

STAY IN TOUCH

Email: sports.united18@gmail.com

Phone: 8302 1186

Mobile: 0478 752 564

FACEBOOK

Keep up to date with our latest news and stories.

Join our conversations about sport & health.

Like us now and join the conversation

<https://www.facebook.com/sportsunited1/>

TWITTER

If you like quick and short news or want to join in

a 'live' conversation with us, then follow us

on Twitter. We'd love to hear from you. Follow

us on https://twitter.com/sports_united1

INSTAGRAM

We love to share images and videos from our programs as well as other interesting photos.

Like us now and check out what we are up to

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