



BRINGING SPORT TO COMMUNITIES



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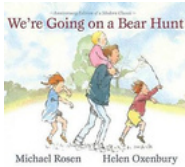


PROGRAM UPDATES

EXECUTIVE OFFICER >

EMMA MILANESE

What a fortnight its been! This fortnight saw book week occur at Adelaide West Special Education Centre. Naturally, we wanted to be a part of it! It was an absolute pleasure reading for the students. I got to read one of my favourite books, 'We're going on a Bear Hunt'. This book is so much fun and I truly hope the students at Adelaide West loved it! We also structured sport activities this week around the 'Bear Hunt'! Kat talks about this further on page 3.



More tickets have been sold for our SportsUnited X AD West Quiz Night! These tickets are seriously going quick! Use the QR code or click [HERE](#) to get yours! You can read more about this event in the next column over and check out some of our sponsors who have already donated to the event! There are some brilliant prizes, we are so keen!

This fortnight also saw our [NEW website](#) come to life! Our new website is now host to our [brand new merchandise](#) for 2023! Make sure you purchase our new merchandise. The new merchandise was designed by YOU! Our wonderful community!

Finally, something I learnt this week is how good mead is! The Barossa Medieval Fair continued to allow me to try new things and this year, mead was on the agenda! See page 3 for our radio updates.

As always, thank you so much for your ongoing support. We appreciate you!



EMMA MILANESE >

SPORTSUNITED X AD WEST QUIZ NIGHT

It's back! The SportsUnited X AD West Quiz Night is BACK! In 2023, it's going to be bigger, better and even more exciting than the last one with more prizes, harder questions and guaranteed, more fun and laughter!

Once again, we are going to ask you, are you normally the smartest in the room? Or do you think you're normally the smartest in the room? Either way, come test your knowledge! In collaboration with Adelaide West Special Education Centre, we are running a quiz night! Gather a table of 8, bring your own food and drink and get on down to the **Adelaide West Special Education Centre** Hall (12 Moldavia Walk, Taperoo, 5017) on the **16th of September** from 6:30pm for a night of fun, laughter, and general knowledge.

If you're okay with us randomly assigning you a table, **individual tickets are \$13.00**, otherwise, make a **table of 8** and purchase the full table for **\$80.00**. Whilst it is BYO food and drinks, we will have soft drinks and water available for purchase on the night, as well as SportsUnited merchandise.

Use the QR code in the image to grab your tickets or click [here](#).

To top it all off, we have some brilliant raffle items and silent auction items up for grabs! See below for some of the logos of businesses that have donated!

This event is so important to us. Running this event will enable us to raise funds for our Supporting Success program that we run at Adelaide West Special Education Centre every Thursday and Friday throughout the school year. This program has brought so much magic, opportunity and fun to all students involved, and the success that the students have shown has been absolutely inspiring. We want to make sure we can continue to run this fantastic program, creating opportunities for future students to be involved.

We greatly appreciate your ongoing support and hope to see you there on the night!



PROGRAM & PLACEMENT

ROBERT
LAIDLAW >

SPORTING MEMORIES

Recently I attended the 'Brain Injury Awareness Week Event 2023' at the Adelaide Convention Centre, with Unley Buddies for Breakfast coordinator Brett Partington. Brain Injury SA uses the slogan 'No two brain injuries are the same; No two journeys are the same', which resonates with what SportsUnited is doing with its Sporting Memories program.

The 'Welcome to Country' was performed by Robert Kardi Taylor, who, with the use of a didgeridoo, shared his culture, including sounds of Australian wildlife - the kangaroo, emu, dingo and kookaburra - as well as explaining various words from Indigenous languages. Guest speakers for the event were varied and had unique stories. Damien Dewitt spoke about a rock throwing incident while driving, with his inspirational recovery a highlight. Well known footballer, John Platten, spoke about memory issues after suffering numerous concussions in his playing career. Jodie Mannix talked about her recovery after her car hit a kangaroo, while Michael Watson shared his experience about life after a stroke. All four guests had different stories and all gave different insights into how they moved on.

In Sporting Memories sessions there are many participants with differing journeys, with no two stories the same, which correlates with how Brain Injury SA is moving forward in helping people. There are many aspects from the event that can be embraced for Sporting Memories sessions, and resonated with me in how important it is to listen to people's stories and have no expectations, but always be respectful.

After the event, Brett and I spoke with John Platten, who is interested in giving a talk at an Unley Buddies for Breakfast session! To view the event, from Monday, August 21, 2023, click [HERE](#).



RICHARD MCGRATH >

RADIO PROGRAM

Emma & Richard have had a fun time over the past two weeks hosting our Sporting Memories Australia radio program on BBBfm 89.1.

On a damp and wet Saturday they braved the conditions to broadcast the program from the Barossa Medieval Fair in Lyndoch. They chatted about Live Action Role Playing as a form of sport and interviewed a female Knight and a flute playing Viking. Richard fitted in well at the event dressed as Gandalf.

Last Saturday the focus of the program was Women in Motorsport. Emma and Richard interviewed two members of the Glitter Gang Drift Ladies (Lucy & Hayley), a community group who organise and host drift events just for women. Emma even organised an opportunity to get in a car at the next event this Friday, 1st September!

This Saturday will be the 100th Sporting Memories Australia radio program on BBBfm 89.1! So tune in from 9-11am to hear how Emma went in a drift car by visiting the [BBBfm website](#) or download the Community Radio Plus app

(available for both Apple and Android devices) and search for BBBfm 89.1.



KAT MATTOCK >

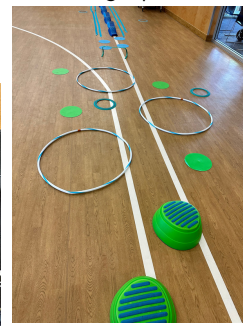
SUPPORTING SUCCESS

Last week schools across Australia celebrated Children's Book Week, an annual event that promotes children's literature and reading among young people.

During Children's Book Week, various activities and events are held across the country to encourage children, parents, teachers, and librarians to engage with books and reading. As Adelaide West Special Education Centre got involved by dressing up all week and decorating the gym, we also got involved by theming our obstacle course to the popular book 'We're Going on a Bear Hunt'!

The obstacle course included going through the grass, river, mud, forest, snow storm and ended in the bear cave. Along the way we played musical chairs, volleyball and bowling, all while singing along to the Bear Hunt song. It was adorable to see all the students dressing up in their costumes, and many of them discussed their favourite books with the placement students during their sessions.

We are so grateful to be a part of the wonderful events that occur at school, and we hope that we can continue to build school culture and be a part of these events for many years to come!



HOW CAN YOU GET INVOLVED?

SEEKING VOLUNTEERS

SportsUnited is currently seeking volunteers for our Supporting Success program at Adelaide West Special Education Centre and Sporting Memories clubs across various Adelaide metropolitan locations.

We are looking for people who can:

- Actively participate in weekly sessions
- Engage and communicate sensitively with our members (some of whom may have difficulties communicating), with their partners or carers, with fellow volunteers, and with SportsUnited staff.
- Enjoy working as part of a team and taking responsibility for guiding fellow volunteers during sessions.
- Understand the value of companionship, have a great sense of humour, and are able to connect with people of all ages and from all backgrounds

SportsUnited volunteers have the opportunity to:

- Experience a range of new opportunities and a sense of fulfillment.
- Use their skills, knowledge, life experiences, and an interest in sport to help tackle social isolation within the local community.
- Have insight into and experience working with an innovative and experienced not-for-profit charity.
- Experience in working as part of and leading a team of volunteers. As well as being part of the wider SportsUnited team.

SportsUnited volunteers are provided with full induction and training, ongoing support, and access to training resources. If you are interested in becoming a

SportsUnited volunteer or have any questions, email:
Supporting Success: Katerina Mattock (Project Officer)

katmattock.sportsunited@gmail.com

Sporting Memories: Robert Laidlaw (Project Officer)

robertlaidlaw.sports.united@gmail.com

or via the SportsUnited website Contact Us page

<https://sportsunited.org.au/contact>

SPORTING PINK PACKS

In response to the Covid-19 global pandemic, SportsUnited has developed a digital publication called Sporting Pink Australia Packs available for anyone (free) to use at home.

Each weekly pack contains a sporting reminiscence story (these can be about sporting players or events), a sporting quiz, and Name the Player as well as a Word Search.

The packs are a great way to get the conversation flowing, to remember those sporting moments, and to talk about sport!

If you, or anybody you know, would like to receive a free copy of the Sporting Pink Australia pack, please complete our [registration form on the SportsUnited website](#).

STAY IN TOUCH

Email: sports.united18@gmail.com

Phone: 8302 1186

Mobile: 0478 752 564

FACEBOOK

Keep up to date with our latest news and stories.

Join our conversations about sport & health.

Like us now and join the conversation

@sportsunited1

TWITTER

If you like quick and short news or want to join in

a 'live' conversation with us, then follow us

on Twitter. We'd love to hear from you. Follow

us on @sports_united1

INSTAGRAM

We love to share images and videos from our

programs as well as other interesting photos.

Like us now and check out what we are up to

@sportsunited_

LINKEDIN

Like us now and check out what we are up to.