



BRINGING SPORT TO COMMUNITIES



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PROGRAM UPDATES

EXECUTIVE OFFICER >

EMMA MILANESE

We're back! The newsletter is back for 2023!

I don't even know where to begin, so much has happened and we're only in March! Firstly, as Robert reports in the next column, our Sporting Memories program has already kicked off to a massive start! Ambassadors have come on board, excursions are being organised along with special guest speakers! As for our Supporting Success program, as Kat reports on page 3, we have been busy organising and preparing for this year. Kat has been creating new stamp cards and we have new activities and equipment to provide the students of Adelaide West!

Radio is always so much fun! As Richard discusses on page 3, we have been extremely busy interviewing various athletes in different sports, as well as getting out and meeting new people in the Barossa community! I got to meet and feed a couple of very cute Highland cows! See the photo on page 3.

As always, thank you so much for your ongoing support. We appreciate you!



ROBERT LAIDLAW >

SPORTING MEMORIES

It's been an exciting start to the 2023 year for Sporting Memories, with several new locations and two Ambassadors joining to support the program!

Olympic hammer thrower Sean Carlin and test cricket umpire Daryl Harper are Sporting Memories first Ambassadors! Both have recently been involved as guest speakers at the Unley Men's Breakfast Club.



Daryl Harper (left), Robert Laidlaw (centre) and Brett Partington (right)



Robert Laidlaw (left) and Sean Carlin (right)

One of the established Sporting Memories groups at Golden Grove has been expanded, with another group at Tilley Reserve now involved. The program at Holden Hill Men's Shed is increasing, with two guest speakers and a tour already being planned for later this year!

Life Care has also invited Richard and Robert to expand the current Payneham program to include two new sites in the southern region, at Reynella and Aldinga. Two sessions have already been successfully held at the sites, and they loved it so much that a fortnightly program is being developed.

Walkerville and Smithfield ECH centres are also continuing in 2023, while planning is also underway to include seeking out possible locations for Sporting Memories sessions in the Barossa Valley and Hills areas.

The Pink Pack, which is distributed weekly, recently passed its 150th milestone. If you would like to gain a copy of the Sporting Pink Pack, please complete our registration form on the SportsUnited website.



Sporting Memories participant

PROGRAM & PLACEMENT

KAT MATTOCK >

SUPPORTING SUCCESS



Hello everyone, welcome back!

I hope you've had a brilliant start to 2023 and that you're as excited as us to see what this year has in store! During our break from school, I have been hard at work developing resources to ensure that the sessions are engaging, fun, and inclusive for the participants.

We believe that physical activity is important for all children, regardless of ability, and are committed to creating a safe and inclusive environment where all children can participate and thrive. We are also looking for volunteers to help us with these sessions. If you are interested in getting involved and making a difference in the lives of these children, we would love to hear from you. Whether you are an experienced coach or simply have a passion for sports and working with children, we welcome all volunteers who share our mission of promoting inclusion and physical activity.

As we continue to grow our program, we welcome your support and participation. Whether you are interested in volunteering, donating, or simply spreading the word about our organisation, we appreciate your commitment to our mission of promoting inclusion and physical activity for all children.

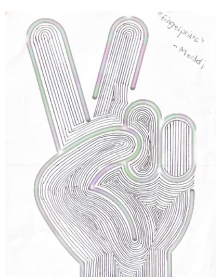
JORDY BIGGINS >

MERCHANDISE

At our 2022 SportsUnited X Adelaide West Quiz night, we provided all guests with colouring-in equipment so they could colour in the SportsUnited logo. We had so many fantastic designs submitted to us, that we've decided to put the design on some merchandise! Out of the 77 designs that were created, we have narrowed it down to 3 that we absolutely love! When we saw them, they each had a special meaning to us. See these designs below, along with the creators name and design name.

'Finger Prints' is a design that shows and means that everyone is different - every individual is unique and different in their own way. 'The Kid in Us' is a design that makes us feel colourful, happy and bright like a child. 'Colourful Creations' is a depiction of something we all love to do - paint!

This year, look out for our brand new merchandise! These logo designs will be included on our brand new merchandise that will be released in April! This merchandise means so much to us because it has been created and inspired by our biggest supporters - YOU! Our SportsUnited community!



SportsUnited
Finger Prints



SportsUnited
The kid in Us



SportsUnited
Colourful Creations

RICHARD MCGRATH >

RADIO PROGRAM

Since the start of 2023 Emma & I have been busy presenting our Sporting Memories Australia radio program with BBBfm 89.1 on Saturday mornings from 9-11am. So far we have covered quite a few topics including the Tour Down Under, the Australian Open, orienteering & regaining, American Football, sporting droughts and team dynasties. Last weekend we chatted about sporting families.

Not only have Emma & I been chatting about sport but we also interviewed Meredith Norman, a gold medal winning South Australian athlete. Meredith was a member of a team of three young South Australian athletes who won the Youth Women's Class at the 17th World Rogaine Championships held in the Czech Republic in 2022.

On Super Bowl weekend we interviewed David Cavenett (current Central Districts FC President) about his American Football playing career in Adelaide during the 1980s & 90s. David played and coached the Spartans Gridiron Club, as well as represented South Australia and Australia. David was inducted into the Gridiron SA Hall of Fame in 2016.

Last month Emma & I presented our program from the Angaston Show. We had great fun chatting with locals, with Emma being a 'roving report' she was able to chat with the local cattle!

Remember, if you'd like to share some of your sporting stories on a Saturday morning, then give us a call on 8563 3788. You can also listen to the program each Saturday morning by visiting the [BBBfm website](http://www.bbbfm.com.au).



HOW CAN YOU GET INVOLVED?

SEEKING VOLUNTEERS

SportsUnited is currently seeking volunteers for our Supporting Success program at Adelaide West Special Education Centre and Sporting Memories clubs across various Adelaide metropolitan locations.

We are looking for people who can:

- Actively participate in weekly sessions
- Engage and communicate sensitively with our members (some of whom may have difficulties communicating), with their partners or carers, with fellow volunteers, and with SportsUnited staff.
- Enjoy working as part of a team and taking responsibility for guiding fellow volunteers during sessions.
- Understand the value of companionship, have a great sense of humour, and are able to connect with people of all ages and from all backgrounds

SportsUnited volunteers have the opportunity to:

- Experience a range of new opportunities and a sense of fulfillment.
- Use their skills, knowledge, life experiences, and an interest in sport to help tackle social isolation within the local community.
- Have insight into and experience working with an innovative and experienced not-for-profit charity.
- Experience in working as part of and leading a team of volunteers. As well as being part of the wider SportsUnited team.

SportsUnited volunteers are provided with full induction and training, ongoing support, and access to training resources. If you are interested in becoming a

SportsUnited volunteer or have any questions, email:
Supporting Success: Katerina Mattock (Project Officer)

katmattock.sportsunited@gmail.com

Sporting Memories: Robert Laidlaw (Project Officer)

robertlaidlaw.sports.united@gmail.com

or via the SportsUnited website Contact Us page

<https://sportsunited.org.au/contact>

SPORTING PINK PACKS

In response to the Covid-19 global pandemic, SportsUnited has developed a digital publication called Sporting Pink Australia Packs available for anyone (free) to use at home.

Each weekly pack contains a sporting reminiscence story (these can be about sporting players or events), a sporting quiz, and Name the Player as well as a Word Search.

The packs are a great way to get the conversation flowing, to remember those sporting moments, and to talk about sport!

If you, or anybody you know, would like to receive a free copy of the Sporting Pink Australia pack, please complete our [registration form on the SportsUnited website](#).

STAY IN TOUCH

Email: sports.united18@gmail.com

Phone: 8302 1186

Mobile: 0478 752 564

FACEBOOK

Keep up to date with our latest news and stories.

Join our conversations about sport & health.

Like us now and join the conversation

@sportsunited1

TWITTER

If you like quick and short news or want to join in

a 'live' conversation with us, then follow us

on Twitter. We'd love to hear from you. Follow

us on @sports_united1

INSTAGRAM

We love to share images and videos from our

programs as well as other interesting photos.

Like us now and check out what we are up to

@sportsunited_

LINKEDIN

Like us now and check out what we are up to.