



# BRINGING SPORT TO COMMUNITIES

THEY ARE.  
THEY SIT  
WITH YOU!

Gather the gang and get competitive! Individual tickets: \$15 OR gather a table of 10 for \$130!

**FRIDAY 11TH NOVEMBER**

Doors open at 7pm.  
Quiz starts at 7:30pm

## QUIZ NIGHT



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# RADIO

SPORTING MEMORIES AUSTRALIA

POWERED BY

IN WITH COLLABORATION  
SportsUnited



# EVENTS

## EXECUTIVE OFFICER >

## EMMA MILANESE

Being the executive officer of SportsUnited has always enabled me to experience so many new things. Something I experienced this week was an agricultural show. What a great time! I learnt so many new things, met so many new people and it definitely made for a great time on radio! So much fun!

But this past fortnight has also been important for both programs. We have been doing a lot more promotion of our Sporting Memories quiz night. If you haven't yet done so, I encourage you to purchase a table - its going to be a brilliant night, with brilliant guests and prizes!

As for Supporting Success, we are coming into our last week of the program. We have had so much fun in Term 4 and we still have sports day to come! One of our favourite events! Kat will provide an update in the next newsletter to share all the fun and laughter!

As always, thank you so much for your ongoing support. We appreciate you!



## EMMA MILANESE >

## SPORTING MEMORIES QUIZ NIGHT

Do you think you're always the smartest person in the room? Well prove it! At the SportsUnited Sporting Memories quiz night. This will be our very first quiz night for our Sporting Memories program!

Gather a table of 10, bring your own food and drink and get on down to **Fullarton Park Community Centre (411 Fullarton Rd, Fullarton SA 5063)** on the **11th of November from 7:00pm** for a night of fun, laughter, and general knowledge. If you're okay with us randomly assigning you a table, **individual tickets are \$15.00**. Otherwise, make **a table of 10 and purchase the full table for \$130.00**. Use the QR code in the image to grab your tickets or click [here](#).

SPECIAL GUEST STARS - IF YOU GUESS WHO THEY ARE, THEY SIT WITH YOU!

Gather the gang and get competitive! Individual tickets: \$15 OR gather a table of 10 for \$130!

# QUIZ NIGHT

**FRIDAY 11TH NOVEMBER**

Doors open at 7pm.  
Quiz starts at 7:30pm

Fullarton Park Community Centre

SPORTSUNITED

SCAN ME

TICKETS

Our MC for the night will be Ben Hook (Sunday Mail Sports Columnist). However, on the night, we are also going to be joined by some special guest sport stars. These stars have come from far and wide and across a range of different sports. From SANFL, cricket and even an Olympian! So not only will you be involved in a quiz and seeing and listening to these special stars talk about their careers, you may even get to sit with one of them and have them on your table! That's right! If you can guess who the special sports star is before they are announced, then they will sit with you, on your table, for the entire night! To top it all off, we have some brilliant raffle items and silent auction items up for grabs!

Running this event will enable us to raise funds for our Sporting Memories program that we run across multiple different community groups and locations in Adelaide every week.

Our Sporting Memories program means so much to us. The program strives to deliver sessions that help improve the mental and physical wellbeing of people over the age of 50, who may be socially isolated. We do this through engaging the adults in sports reminiscence and inclusive physical activity. We find that new friendships are formed with participants gaining confidence to meet new people and make meaningful connections, not just within the sessions but in their wider community as well - this is what we're all about. Getting people involved so they feel happy, healthy and a part of their local community.

So, help us to continue to deliver Sporting Memories sessions across Adelaide by coming along to our very first Quiz night!

We greatly appreciate your ongoing support and hope to see you there!

# PROGRAM & COMMUNITY

ROBERT LAIDLAW >

## SPORTING MEMORIES

RICHARD MCGRATH >

## RADIO PROGRAM

What a diverse range of reminiscences participants of our sporting memory groups have. From their playing days to romance stories. Recently a regular couple at Payneham, who were involved in a group talked about golf. They told one of the best and most heartwarming stories. She was a recently placed teacher in SA country, and was with another young woman when they decided to play a round of golf; even though neither of them had ever touched a club or hit a ball! The young ladies were taking a terribly long time playing, so encouraged the following young men to play through. But, ever the gentlemen, they refused. After a little bit of 'coaching' on the finer points of the game, they all managed to finish their rounds, and a 'date' was arranged - the pair married and have been together for over 50 years! A true sporting love story.

There have been so many interesting stories emerge at Sporting Memories sessions, such as "Doc" swimming against Dawn Fraser, a New Zealander witnessing Trevor Chappell bowl his famous under-hander, and a gentleman who played league football and Sheffield Shield Cricket.

And how many times have participants said they never played sport, yet come up with some of the most interesting stories? One lady, Alison Lock, decided to give 'walking footy' a go, and declared it was the first time in her life she had ever played sport. Turns out Alice was a champion squash player in her day, as well as winning the female section of the "Around Australia Car Rally" in 1970 - and was presented to 'The keys of the city of Sydney'!

One gentleman, Kev, who is a made-keen Port Adelaide footy supporter, brought in the 1965 grand final Football Budget to show off - which was the final edition that sold in the 'old' money (pounds, shillings and pence) before decimal currency came in. At Unley, there is Phil, who had played football for Northern Territory against the "Galahs" in 1967, before they left for England; his was another great tale.

There are so many interesting stories - everyone has one, it's such a pleasure to be able to hear everyone's take on sport, whether they played it, watched it, or even read about it.



Over the past two weeks our Sporting Memories Australia radio program on BBBfm 89.1 on Saturday mornings from 9-11am has focused on Lawn Bowls and Show Events.

As part of the Show Events program, Emma & Richard (along with other presenters) hosted programs live from the Kapunda Show, with Emma roaming around visiting a number of stands. Emma even had the chance to play with a few puppies! This week's program will focus on the Melbourne Cup.

ESTELLA GBALA >

## PLACEMENT EXPERIENCE

If you'd like to share some of your sporting stories on a Saturday morning, then give Richard & Emma a call on 8563 3788 anytime between 9-11am. You can also listen to the program each Saturday morning by visiting the [BBBfm website](http://www.bbbfm.com.au).

When I first joined SportUnited I felt quite unsure how to encourage the students to participate and perform the activities in a way in which the students would feel comfortable and safe. As the sessions progressed, I had the chance to really connect with the students and see all their faces filled with excitement when entering the gym. At every session when the students get excited to greet us and when they say their goodbyes, I am amazed by the connection and impact we are able to make with the students over the semester.

In particular, I've been able to see one of the younger students, develop and improve his social skills enormously. From when him and I first met, I struggled to encourage him to focus, to join in on the group activities and to be patient when playing with the class. However, over time as I learnt to understand his personality, I tried to be child-like in relation to encouraging group activities. I began to see his attitude and attention change from random burst of energy to being calmer and engaging in activities amongst classmates.

I have been able to see such a great effort by the students at Adelaide West on improving their social and motor skills. I have enjoyed working and participating with the students, and completing all the activities with them.



# HOW CAN YOU GET INVOLVED?

## SEEKING VOLUNTEERS

SportsUnited is currently seeking volunteers for our Supporting Success program at Adelaide West Special Education Centre and Sporting Memories clubs across various Adelaide metropolitan locations.

### We are looking for people who can:

- Actively participate in weekly sessions
- Engage and communicate sensitively with our members (some of whom may have difficulties communicating), with their partners or carers, with fellow volunteers, and with SportsUnited staff.
- Enjoy working as part of a team and taking responsibility for guiding fellow volunteers during sessions.
- Understand the value of companionship, have a great sense of humour, and are able to connect with people of all ages and from all backgrounds

### SportsUnited volunteers have the opportunity to:

- Experience a range of new opportunities and a sense of fulfillment.
- Use their skills, knowledge, life experiences, and an interest in sport to help tackle social isolation within the local community.
- Have insight into and experience working with an innovative and experienced not-for-profit charity.
- Experience in working as part of and leading a team of volunteers. As well as being part of the wider SportsUnited team.

SportsUnited volunteers are provided with full induction and training, ongoing support, and access to training resources. If you are interested in becoming a

**SportsUnited volunteer or have any questions, email:**  
**Supporting Success: Katerina Mattock (Project Officer)**

katmattock.sportsunited@gmail.com

**Sporting Memories: Robert Laidlaw (Project Officer)**

robertlaidlaw.sports.united@gmail.com

**or via the SportsUnited website Contact Us page**

<https://sportsunited.org.au/contact>

## SPORTING PINK PACKS

In response to the Covid-19 global pandemic, SportsUnited has developed a digital publication called Sporting Pink Australia Packs available for anyone (free) to use at home.

Each weekly pack contains a sporting reminiscence story (these can be about sporting players or events), a sporting quiz, and Name the Player as well as a Word Search.

The packs are a great way to get the conversation flowing, to remember those sporting moments, and to talk about sport!

If you, or anybody you know, would like to receive a free copy of the Sporting Pink Australia pack, please complete our registration form on the SportsUnited website: <https://sports-united-web-c262e9.netlify.app/forms/sporting-memories-online-register/>

## STAY IN TOUCH

Email: [sports.united18@gmail.com](mailto:sports.united18@gmail.com)

Phone: 8302 1186

Mobile: 0478 752 564

### FACEBOOK

Keep up to date with our latest news and stories.

Join our conversations about sport & health.

Like us now and join the conversation

<https://www.facebook.com/sportsunited1/>

### TWITTER

If you like quick and short news or want to join in

a 'live' conversation with us, then follow us

on Twitter. We'd love to hear from you. Follow

us on [https://twitter.com/sports\\_united1](https://twitter.com/sports_united1)

### INSTAGRAM

We love to share images and videos from our programs as well as other interesting photos.

Like us now and check out what we are up to

[@sportsunited\\_](https://www.instagram.com/sportsunited_)